



सत्यमेव जयते
Embajada de la India

Embassy of India, Madrid

Offers

YOGA CLASSES!!

By Mr. Manoj Kumar

Winter Session

Starts :- 15 January 2019

Learn Yoga For

Relaxation | Meditation | Rejuvenation | Breathing Techniques |

Four Days A Week.

Evening session - 1830 hrs to 2000 hrs, Tuesday, Wednesday
Morning session- 0730 hrs to 0830 hrs, Thursday, Friday

Venue -Embassy of India, Avenida Pio XII, 30-32 28016 Madrid

Please register to join :- tic@eoimadrid.gov.in , culture@eoimadrid.gov.in



“Please bring your yoga mat”